

**Survey results - Biodanza in the World (July 2012) by Stefano Brumat
Translation by PJ (2014)**

Biodanza teachers were asked, "In your view, what is the mission of Biodanza?" Here are their replies...

1. to awaken human greatness
2. integration with a) oneself, what I think, feel and do (the 3 centres); b) the other, to empathize, learn from the other, feedback, etc; c) Universe: decrease the ego, see oneself as part of the whole, realize the sacredness of my surroundings and life itself
3. to make a better world
4. to take the biocentric principle and the biodanza system to all levels of humanity, and contribute to the creation of a planet integrated in the universe
5. to create a more affectionate humanity, to make humans more human
6. as a Roland said, to make Arabs dance with Jews and make billionaires dance with their employees; to bring more love into the world
7. to ensure that Biodanza is practiced by all levels of society
8. a world with more equality and more fulfilment at the personal and collective levels, where the transcendent is more important than the material
9. to contribute towards a more loving world
10. to make it accessible to everyone, in all corners of the world; there are many socially engaged facilitators, but I think that a large part of the population is still unable to access biodanza because of economic constraints when the existential reality is that many are wanting to dance with life.
11. that we act and live according to the biocentric principle
12. the development of a biocentric culture and more fulfilled human beings.
13. to expand the consciousness of peace and happiness in communion with all peoples of the planet and the ecosystem
14. affective expression of Being at all levels...
15. for me, right now, Biodanza's purpose should be more focused on social action; there are many people who need changes in their lives and because of its structure this system is a valuable tool that unfortunately many are unable to access because of the costs involved
16. I like to think it might become as common as tai chi or yoga
17. to be able to connect with the light and healthy part of each individual and dance and share it with all beings, connecting ourselves with that part of each being and gradually achieve a better world.
18. to create a space for us to connect to ourselves, within a framework of respect, affection and pleasure through music, movement and human encounters
19. to increase contexts of harmony and connection, each one in his or her place, so that the dream will expand
20. a more affectionate world
21. to make a happier, better life possible, despite the obstacles that it sometimes presents
22. to reach all the places where is needed
23. that the biocentric principle prevails throughout the planet
24. affective integration in all its levels... that everybody relates biodanza with this, that its definition becomes widely known
25. a profound connection with oneself so that we can be happy with who we are

26. through various approaches, to give the biodanza movement more freedom, without falling so much in the "undercover workshop business" that at first may be interesting but over the years you realize it's quite big business
27. a paradigm shift for humanity
28. to do the inner work needed to transcend personal ego which thrives on separateness, and to access a more inclusive ego that perceives others as part of the development of the identity and not as obstacles
29. to humanize; a clinical approach to help people with various pathologies; the possibilities are many!
30. to rescue what is essential, our values, love, and the dream of a better world
31. I don't know what the mission of Biodanza is, because it is a living system developed by people
32. change to a biocentric paradigm
33. total integration with life; to respect the sacredness of biodiversity; in the scale of values, to recreate an affective-ethical order; to awaken and be able to see reality, understanding ourselves as participants and co-creators of everything that happens to us in our personal lives and in the world. A total paradigm shift, to promote and expand form, to transcend the pyramidal into the circle, the sacred circle of life
34. to harmonize human relationships through affection
35. to awaken to life, love and community; to empower people so that they are able to meet their personal challenges and society's dissociation without being dragged down
36. to improve quality of life and our environments, in a style marked by respect and solidarity, with conscious and transformative freedom
37. to help human beings to stop being puppets of consumer society and culture at large that has robbed them of the true meaning of their existence; to help them get out of the lethargy that the education system has submerged them into. In general, people don't live; they merely exist. They no longer have the capacity to relate from a place of sanity and nurturance. They have lost their dignity and sense of self. Biodanza helps them encounter their true identity, which is a manifestation of being. The connection with our true identity and its lifelong development allows us to enter the "here and now" and discover the purpose of our existence and what we what actually are
38. I believe that different teachers have different dreams and missions for biodanza and that we need to initiate a broad debate on the topic
39. to humanize humanity, to help people become more human, connected to their affectivity and with utmost respect for all life; a happier humanity
40. to connect with love, through contact with another human being; to feel empathy, to awaken...
41. to allow the development of our human potentials
42. to increase access to biodanza by more and more people
43. the development of our genetic potentials, to see the sacredness of human beings, to seek world peace
44. to encourage people to live a life with more consistency between what they feel, think and do, a more compassionate attitude towards self and others, and more loving and humane actions
45. to improve the experience of one's life and the personal resources to seek happiness

46. to reach as many people as possible from different social classes, ensuring that Biodanza is not for just a few
47. to improve connection with oneself and between each other through dance
48. a more sincere and united world
49. to take biodanza into primary schools, pregnant women, babies on slings, nurseries, pre-schools, so that it can reach more and more people every day
50. Biodanza's dream is that humanity dances with life in a big circle of equality, respect, acceptance and recognition, where people allow themselves to learn through love, thus healing their history, recovering their affective bonds of attachment, leaving their fears behind and embracing the unknow... being one, one with all peoples, and one with the universe
51. to help those who want to grow and develop; and through this, to also help create a better world
52. to be the revolutionary unconditional love for all the planet
53. to increase awareness of biodanza, to introduce it to different segments of society including different educational levels
54. the mission is the integration of all human potentials and expand it into different systems (families, businesses, social networks, regions, countries) in a systematic way with a long term view, leaving present and future generations with a concept of universal ecological consciousness based on the sacredness of life
55. to help create a better world through more affective and integrated people
56. to get into health and educational institutions and be officially recognised
57. Biodanza's mission is to reach all corners of the world; if we want the world to be transformed, everyone needs to dance
58. to help make the world more human and just, to help people become more fulfilled and authentic, helping to create a new way where reason is inseparable from love and compassion; to preserve life in all its manifestations.
59. see above
60. to be authentic, real human beings
61. biodanza is not a goal in itself, it is a system, a tool that you can use it if you want to transform your lifestyle, or you can just use it to hang out with a group of nice people...
62. getting more people to see themselves and others with more acceptance and respect
63. empathy and cooperation
64. the respect for life and the reconnection with our organic wisdom
65. that everyone does biodanza
66. for those who practice it and work on raising awareness of biodanza, the dream is to reach that critical mass that Roland spoke about, "a million beings dancing in the world." To transform the practice of Biodanza in a philosophy of life
67. to help humans to be, and to be happy
68. to ensure that those who need it have access to it
69. there cannot be a mission or purpose as the dance itself is an awakener of consciousness; I do not think biodanza should be a tool with the mission of saving humanity or anything like that, only to intensify the present moment, and how can this present moment have a mission? Humanity does not need to be saved, it's time to look at ourselves and drop denial and/or self-delusion, and

this inner seeing, this facing and seeing oneself requires experiencing the here and now with all its pluses and minuses

70. to transform your life, making it much better, with more clarity of meaning and purpose in relation to yourself and others; the basis of the mission is affectivity, not in words but actions in daily life

71. I consider the main contribution of biodanza to be the development of an attitude that cares for the preservation of life in all its forms, facilitating the connection to universal harmony

72. the mission is expressed in Rolando's dream of a better world, emotionally, socially and ecologically. I think it is necessary to emphasize the need to adapt it to suit the contexts we work in

73. affective connection, respect for one another, for nature and for life itself; to have a more integrated ethics

74. The dream of a world that is more loving and respectful towards diversity and uniqueness. To feel that we are part of what surrounds us, with connections that allow us to be caring; to cooperate in a solidary way, to be and act in the world in a way that is more perceptive, more conscious and connected with what we think, feel, and do. To face adversity in a creative way, from that expanded awareness that comes from affective intelligence

75. integration at all levels (from cell to cosmos)

76. a space for transforming ourselves into loving travellers of our inner worlds, understanding the needs behind every emotion we travel through, and educating ourselves to transform suffering into learning, self-rejection into self-care, daily discomfort into the intelligent art of living

77. to awaken human greatness, to open to diversity

78. to expand our desires

79. to sow the seeds of love in all human beings, enabling the development of their potentials

80. a tool for affective and vivencial connections with the nature in us

81. to cooperate for a better world

82. to integrate different cultures and increase the number of people who do biodanza

83. to rescue our capacity to love that makes us more human; to make life a priority

84. to relearn to live and enjoy all the fruits of the earth

85. to become the main instrument of humanity, to conspire against separateness and indifference, to achieve union through love

86. to improve human coexistence

87. to reconnect with life

88. to take biodanza to schools, corporations, etc

89. for me, Rolando's dream is a loving community, accepting each other's differences on the basis that we are all unique and special. My dream would be to teach Biodanza to pregnant women in maternity hospitals, so I think I need to create a specific extension to such effect. If we talk about the ecological family then lets start from its root and see the results, my son is what I call a "biobaby"!

90. to help the process of personal and social transformation; to contribute to a better world by transforming humankind through love