

The London  
School of  
Biodanza



# THE MINOTAUR



Saturday April 13th 1-8pm  
Sunday April 14th 1-7pm

£135

Awaken healthy instincts – access the inner resources to live what you truly, deeply desire for your life. The workshop is concerned with “Identity”. The effects can be explained in terms of clarity, sensitivity and integration. We will be working with the shadow-hidden aspects of our self (always with the affectivity of the group). This is a workshop created by Rolando Toro as a means of exploring our fears in a safe, enriched environment with our fellow students. The benefits are: -“To increase our self-reference”. “To maximise our genetic potential”.

“To discover our true identity”.

Rolando says “do it twice before you think once !”.

The Minotaur Project is done in the spirit of not fighting your instincts  
but accepting and embracing them.

St. John the Divine Hall, Sovereign Gate,  
20 Kew Road, Richmond, TW9 2NA